

B I O - D A T A

Name : **Dr.THUMMA PRABHAKAR REDDY**

Designation : Associate Professor of Physical Education

Official Address : Associate Professor of Physical Education,
Indira Gandhi National Tribal University,
Amarkantak, Madhya Pradesh, India.

Residence Address : H.No. 11-23-2043 /A, Saimala Nilayam
Teachers Colony, Desaipet Road,
Warangal – 506 002, TELANGANA.
09848831131 (cell)
E-mail: drprabhakar.reddy@igntu.ac.in,
drprabhakarreddypdkmc@gmail.com

Qualifications :

Sl.No	Degree	Year of passing	University
1	Ph. D.(Physical Education)	2009 (August)	Kakatiya University, Warangal
2.	M. Phil.	2000	Alagappa University, Karaikudi
3.	C. Y. Ed.	2000	Alagappa University
4.	M. P. Ed.	1994	Dr. Babasaheb Ambedkar University, Aurangabad
6.	B. P. Ed.	1993	Maratwada University, Aurangabad
7.	M.A. (Education)	2010	Dravidian University, Kuppam
8.	B. A.	1992	Kakatiya University, Warangal
9	Intermediate	1989	Board of Intermediate education, Hyderabad, AP.
10	S S C	1987	Board of secondary education, Hyderabad, AP

Experience: 29 years of working experience after post graduation

- i) From 18th January, 2023 to till day, as Associate Professor of Physical Education, Dept of Physical Education, Indira Gandhi National Tribal University, Amarkantak, Madhya Pradesh, India.
- ii) **18 Years, i.e. 1-08-2005 to 16.01.2023**, as a Assistant Professor of Physical Education at Dept. of Physical Education, **Kakatiya Medical College**, Warangal, Telangana.
- iii) **5 years (09.10.2000 to 13.04.2005)**, as Asst. Professor in Physical Education, **Jyothishmathi Institute of Technology & Science**, Karimnagar affiliated to **JNT University, Hyderabad**.
- iv) **6 Years (01.09. 1993 to 04. 09. 2000)**, as Lecturer in Physical Edn., in **K N R Degree & P.G. College**, Warangal, Affiliated to **Kakatiya University**, Hanumakonda, Telangana.
- v) **5 years of experience as part time lecturer** in the **University College of Physical Education, Kakatiya University**, Hanumakonda, Telangana.

Ph.D Guideship : **Applied in different universities**
M.Phil Guideship : **Two Scholars awarded degree from Dravidian University, Kuppam**

Membership:

1. Editor – in – Chief, Indian Journal of physical education and allied sciences, ISSN No. 2395-6895, Bi- Annual (Print & online)
2. Life Member, National Association of Physical Education and Sports Science,
3. Life Member, Indian Federation of Computer Science in Sports,
4. Life Member, Indian Red Cross Society, Hanumakonda Dist.
5. Executive Member, Warangal Dist. Badminton Association.
6. Secretary, Government medical and dental college's physical directors association of Andhra Pradesh.
7. Executive member, Gazetted Officer's Association of Hanumakonda District, Telangana.

Awards :

1. Received '**Best Teacher**' Award among staff for the year 2006 at Kakatiya Medical College, Hanumakonda, Telangana.
2. Received "**Best Teacher**" **Meritorious award** at Kakatiya Medical College, Hanumakonda for sincerity and hard work for the year 2008.
3. Received Appreciation award at Kakatiya Medical College, Hanumakonda on 15th August, 2012.

Position Held:

1. **Coordinator, NSS Cell, Kaloji University of Health Sciences**, Warangal from 15.12.2015
2. **Secretary, Sports Board**, KNR University of Health Sciences, Warangal from 1.05.2016.

3. Qualified senior first aid training in first aid course organized by Indian Red Cross Society on 12-4-2012.
4. **Andhra Pradesh state umpires** qualified on 11th sep, 2011 approved by Andhra Pradesh state badminton association.
5. **Coach cum Manager** for **Kakatiya University**, Hanumakonda, Basketball, Badminton, Athletics and kabaddi team **Football Team**, from 1994-2000.
6. **Coach cum Manager** for Dr. NTR University of health Sciences, Vijayawada Football, Athletics and kabaddi team from 2000 onwards.
7. **Selection Committee Member** for selecting **Kakatiya University, Badminton Teams** from 1994-2000.
8. **In-charge Guest House & NSS wing** of Kakatiya Medical College, Hanumakonda from 2000.

BOOKS PUBLISHED:

1. Chief Editor of **Indian Journal of physical education and allied sciences** with ISSN no. **2395 – 6895**.
2. **“Bio mechanics in sports”** Astha publishers & Distributors, New Delhi with ISBN no. 9789382126843 in the year 2015.
3. **“Sports Kinesiology”** Astha publishers & Distributors, New Delhi with ISBN No. 9789382126850 in the year 2015

Papers Presented in Seminars and Conferences:

1. **“The role of women’s participation in sports for women empowerment**
“UGC-sponscured national conference on 22nd-23rd March, 2017 organised Sri Padmavati Mahila Visvavidyalayam, Tirupathi. Attended as chairperson.
2. **“Sports: Positive influence on day to day life” paper presented in the**
UGC-sponscured national conference on 22nd-23rd March, 2017 organised Sri Padmavati Mahila Visvavidyalayam, Tirupathi. Page No. 144.
3. **“A study on body mass index for selected variables using multiple linear regression analysis model”** Indian journal of Physical Education and allied Sciences, ISSN No. 2395-6895, Volume.2 No.2, Half Yearly, January to June, 2017 page no. 133. Edited by Dr. T. Prabhakar Reddy.
4. **“International workshop on physical activities in schools and exercise science-2017”** held at ICSSR Conference hall, Osmanina University, hyd on 15th January, 2017 as chairperson. Journal of Physical Education and Sports Science, ISSN 2229-7049, Volume -1, 2016, Page No. 263-273.
5. **“Common Injuries in the field of Hockey”**“ Journal of Physical Education and Sports Science, ISSN 2229-7049, Volume -1, 2016, Page No. 263-273.
6. **“Yoga is Divine Medicine for all”**“ Journal of Physical Education and Sports Science, ISSN 2229-7049, Volume -1, 2016, Page No. 258-262.
7. **“Performance review and comparative study of breath holding time of selected players of Kaloji University of Health Sciences, Warangal”**

- Indian journal of Physical Education and allied Sciences, ISSN No. 2395-6895, Volume.2 No.1, Half Yearly, January to June, 2016. Edited by Dr. T. Prabhakar Reddy.
8. **“Influence of background music on physical performance”** Indian journal of Physical Education and allied Sciences, ISSN No. 2395-6895, Volume.2 No.1, Half Yearly, January to June, 2016. Edited by Dr. T. Prabhakar Reddy.
 9. **“Effect of sports training & Nutrition on bone mineral density in female medicos in Telangana”** Indian journal of Physical Education and allied Sciences, ISSN No. 2395-6895, Volume.1 No.2, Half Yearly, July to December, 2015. Edited by Dr. T. Prabhakar Reddy.
 10. **“A Significance of statistical tools in health and physical education – A study”** Indian Journal of Physical Education and allied sciences, ISSN no. **2395 – 6895**. Volume.I, No.1, Half yearly, January to June, 2015. Edited by Dr. T. Prabhakar Reddy.
 11. **“The importance of childhood physical activity for optional lifelong bone health”** Indian Journal of Physical Education and allied sciences, ISSN no. **2395 – 6895**. Volume.I, No.1, Half yearly, January to June, 2015. Edited by Dr. T. Prabhakar Reddy.
 12. Attended **UGC sponsored** National workshop on **“ Impact of physical education & Allied sciences on excellence in sports and games”** organized by RCPE, Proddature on 14th- 15th March, 2015.
 13. **“A Method of resting the target in interrupted Twenty 20 Cricket Match”** Journal of physical education and sports sciences, Volume –II, 2014, ISSN No. 2229-7049.
 14. **“Electromyographical comparison of concentric and Eccentric phase during selected abdominal exercise”** Journal of physical education and sports sciences, Volume –II, 2014, ISSN No. 2229-7049.
 15. **“Sports Positive influence on day to day life”** Journal of physical education and sports sciences, Volume –II, 2014, ISSN No. 2229-7049.
 16. **“Comparative analysis of motor fitness and body composition among basketball, football and volleyball players”**. International journal of health, physical education & Computer science in sports, volume-15, Quarterly, July, 2014 to September, 2014.
 17. **“Comparative analysis of motor fitness and body composition among basketball, football and volleyball players”**. International journal of fitness, health, physical education & Iron games volume-1, half yearly, July, 2014.
 18. **“Healthy People 2020: Physical activity objectivities for the future” International conference** on Physical Education & sports science, organized by Manipal University, 8th to 11th January, 2014.
 19. **“The Importance of Physical activity for losing weight, maintaining weight and preventing weight gain” International conference** on Physical Education & sports science, organized by Manipal University, 8th to 11th January, 2014.
 20. **“Exercising in the heat and sun” International conference** on Physical Education & sports science, organized by Manipal University, 8th to 11th January, 2014.
 21. **“The importance of Physical activity for losing weight, maintaining weight and preventing weight gain”** Journal of Physical Education and sports science by NAPERSS, ISSN 2229-7049, volume –I, (1-9), 2014.

22. Participated as faculty member in the Mid term **CME programme** held on 9th February, 2014 organised by **Indian Psychiatric society, AP state branch.**
23. **“Digital childhood: to study the time spent by children on Sundays” international journal** of health, physical education & computer science in sports volume-10 no.1, quarterly April 2013 to June, 2013.
24. **“Effect of Yoga and swimming in reducing anxiety- a comparative study” asian journal** of physical education & computer science in sports volume 8, no.1, half yearly, January, 2013 to June, 2013.
25. **“Physical Education – Past, Present and Future”** at 47th **Annual International conference** organized by IATE (Indian Association of Teacher Education), Khalsa college of education Amritsar, **Punjab**, India on November, 22-24 2013.
26. Attended **workshop** conducted for **Andhra Pradesh badminton technical officials** from Feb., 1-3, 2013 organised by Andhra Pradesh badminton association.
27. Participated OSSAPCON, 2013, 42nd Annual Conference of Orthopaedic surgeons Society of A.P as Delegate at KMC, Warangal on 22nd to 24th Feb, 2013.
28. Participated as chaired session on **CME** organized by IAP- Warangal district branch on 19th August, 2012.
29. **“Cardiopulmonary resuscitation for teens and adults”** published in **Asian journal** of physical education & computer science in sports, volume 6,no.2 half yearly, January, 2012 to June 2012, ISSN 0975-7732.
30. **“Sports injuries – Prevention”** UGC sponsored national workshop on Physical fitness-the need of the hour on 23rd & 24th feb, 2012.
31. **“Women participation in games & sports – Modern era” UGC sponsored national workshop** on Physical fitness-the need of the hour on 23rd & 24th Feb., 2012.
32. **“Sports Nutrition for professional players” UGC sponsored national workshop** on Physical fitness-the need of the hour on 23rd & 24th feb, 2012.
33. Participated as delegate at **CME** programme organized by The association of surgeons of India, Andhra Pradesh chapter, Warangal branch at KMC on 17-12-2011.
34. **“Effects of health related physical education on academic achievement”** UGC sponsored **national seminar** on capacity building of women managers on 5th & 6th august, 2011.
35. Participated **national seminar** on prevention of sports injuries and rehabilitation organised by department of physical education, Andhra university visakhapatnam, Andhra Pradesh on 9th & 10th of June 2011.
36. **“Sports – Bio mechanical approach”** one day **workshop** at NRI Education centre, KMC, Warangal on 3rd June, 2011.
37. **“Run for better life”** at **International conference** on physical education and sports sciences -2011, Goa 25-27th of Feb,2011 in association with NAISS & sports authority of Goa.
38. **“Workshop on fitness & aerobics”** during **International conference** on physical education and sports held at S.V’s Sridora Cacula College of Commerce and management, Mapusa, Goa on 24.2.2011.

39. **“Workshop on Innovations in Teaching, Learning and Evaluation methods”** in medical education on 15th & 16th Feb, 20 at Kakatiya Medical College, Warangal.
40. **“The Problem of Obesity and integrated weight management approach in children and adolescents’** AT Ist **International conference** on Mind-Body – Medicine, organized by Brahma Kumaries, Medical wing, Mt. Abu from 12-13th February, 2011.
41. **“Is one day fasting effect on performance of the players”** at Fasting and sustainable health conference, 2010, 20th -21st December, 2010 Queensbay, Penang, Malaysia.
42. **“Effect of Yoga training on Handgrip, Respiratory pressures and pulmonary functions”** at Commonwealth sports science **international conference** -2010, New Delhi from 27th to 30th September, 2010 and also published British Journal of sports medicine.
43. **“Focus on health related physical fitness at university level players”** at Inter national conference on **Asian conference** on physical education & Computer science in sports –2010 at Osmania University, Hyderabad on 7th to 9th May, 2010.
44. **“Variation in the leukocyte count during and after exercise among athletes and non athletes”** at Inter national conference on **Asian conference** on physical education & Computer science in sports –2010 at Osmania University, Hyderabad on 7th to 9th May, 2010.
45. Participation as delegate at **National conference** on latest trends & technologies in sports psychology on June 8th & 9th, 2009.
46. Participation as delegate at **“Pre World Military Games Scientific Conference”** at Hyderabad, organized by SAAP, Hyderabad, India from 12-13th October, 2007.
47. Participation as delegate at **National conference** on latest trends & technologies in physical education & sports 7th & 8th June, 2007
48. **“Fitness through Dance, Essential in Curriculum”** at **National Conference** on sports Management at Dept. of Physical Education, Osmania University, Hyderabad from 28-29, 2003.
49. **“Peace through Sports”** at **International Conference** on Sports management held at Department of sports, Manonmaniam Sundaranar University, Tamil Nadu, India from 16-18, 1999.
50. **“Role of Bio-mechanics in volleyball”** at **National seminar** on role of science in physical education and sports at Alagappa University on 20th June, 1999.

Thesis:

1. **Ph.D.** – **“A Comparative Analysis of Selected Physical & Physiological Variables Among University Basketball, Volleyball and Soccer Players”**, Dept. of Education, Kakatiya University, Warangal, A.P. – 2010.
2. **M. Phil** – **“ Construction of Physical Fitness Norms for College Men Students in Warangal District , Andhra Pradesh”** – Dept. of Physical Education, Alagappa University, Karaikudi, T.N. - 2000.

3. **M.P.Ed – “A Case Study on National Ball badminton players Arjuna Pittchaiah”**, College of Physical Education -Maratwada University, Aurangabad, M.H. – 1994.

Refresher Course Attended:

1. Attended **Refresher’s Course in Physical Education & Sports** sponsored by Dr. NTR University of Health Sciences, Vijayawada and organized by Asram Medical college, Eluru from 7th to 8th June, 2010.
2. Attended **Refresher’s Course** in NSS programme officers sponsored by Dept of yourth Affairs & Sports, Govt. of India and organized by Training and Orientation Centre, Osmania University from 27-2-97 to 3-3-1997 at Hyderabad.
3. Attended **Orientation training programme** for NSS Programme Officers sponsored by Dept of Youth Affairs & Sports, Govt. of India and organized by training and Orientation Centre, osmania University from 24-7-1995 to 2-8-1995 at Hyderahad.
4. Attended **Universities talk Aids** training programme from 3-11-1995 to 5-11-1995 conducted at Kakatiya University, Warangal.
5. Attended **National Integration Camp** organized by NSS Cell, Kakatiya University, sponsored by the department of youth affairs and sports, Ministry of Human resource development, Government of India, held at Ookal, Warangal from 16-25th November, 1994.

Radio Talks:

1. Talk on “Vesavi Kreedashibiralu” – All India Radio, Warangal on 2010.

Hobbies:

1. Listening Music, Playing games with small kids, Plantation, Service to needy people.

Examination Duties:

1. Examiner, TSPECET, 2017, at JNS Stadium, Warangal
2. Member, **PECET, 2011** at Acharya Nagarjuna University, Guntur.
3. Observer, **EAMCET, 2011**, Pingili womens college, Warangal.
4. Nominated as observer for the recruitment exam at Vaagdevi Engineering college, Bollikunta of **APSRTC** on 12-12-2010 organised by **JNTU, Hyderabad.**
5. Nominated as observer at Kavitha memorial degree college, Khammam for **Ed-CET-2012** organised by university college of education, **Kakatiya University.**
6. **Special Observer, TSEMCET, 2017 on 12.05.2017**

Tournament organization:

1. Organised an **International Conference on physical education, sports and fitness** at KMC, Hanumakonda from 27th to 29th Jan, 2017.
2. Organised One day Workshop on Individual fitness training & Talent Identification on 26th Jan, 2017 at KMC, Hanumakonda.
3. Organized a **National conference on physical education and allied sciences** from 4th to 6th October, 2014 at KMC, Hanumakonda as Organising Secretary with the support of NAPESS.
4. Organized **10th Dr. NTR University of health sciences Inter medical collegiate games & sports meet -2007** as organizing secretary.
5. Organized **one day workshop on “Sports- bio mechanical approach”** at Kakatiya Medical College, Hanumakonda on 3rd June, 2011.
6. Organized **football tournament (telengana region)** 14th Nov to 16th Nov, 2010.
7. Member, **anti ragging committee in the Kakatiya medical college,** Hanumakonda every academic year since 2005.
8. Convener, **College sports committee,** KMC, Hanumakonda.
9. Convener, **College staff sports committee,** KMC, Hanumakonda.