



### **CURRICULUM VIATE, 2023**

**NAME** : **Dr. AJAY KUMAR PANDEY**

**DESIGNATION** : Assistant Professor,  
Dept. of Physical Education

**FATHER NAME** : Shri Brij Bihari Pandey

**MOTHER NAME** : Smt. Shanti Devi

**DATE OF BIRTH** : February 4, 1986

**LANGUAGES KNOWN** : Hindi, English

**NATIONALITY** : Indian

**GENDER** : Male

**CATEGORY** : General

**OFFICIAL ADDRESS** : Indira Gandhi National Tribal  
University, Regional Campus,  
Manipur, P.O. - Awang Sekmai,  
District - Kangpokpi, Manipur,  
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**RESIDENCE ADDRESS** : Village – Kurmaul, Post – Katar  
(Soyam), District – Sant Kabir  
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**MOBILE NUMBE** : 8896037364

## PROFESSIONAL QUALIFICATIONS:

- Awarded **Ph.D.** from Department of Physical Education, Guru Ghasidas University, Bilaspur, Chhattisgarh in December, 2018.
- Completed **Post Graduate Diploma in Yog Science (PGDYS)** from PSSOU, Bilaspur, Chhattisgarh in 2018, with **81.80%** marks (**A+ Grade**).
- Qualified UGC-NET for eligibility for lectureship in the year December 2013, Roll no- 02470094.
- M. P. Ed. form Guru Ghasidas Vishwavidyalaya, Bilaspur (C.G.) in 2011, awarded with **Gold Medal**.
- B. P. Ed. from Dr. R. M. L. Avadh University, Faizabad (U.P.) in 2007.

## ACADEMIC QUALIFICATIONS:

- B. A. from University of Allahabad, Allahabad (U.P.) in 2005.
- Intermediate from C. A. V. Inter College, Allahabad (U.P.) in 2002.
- High School D. V. I. C. Dhanghata, Sant Kaabir Nagar (U.P.) in 2002.

## OTHER QUALIFICATIONS:

- Certificate in Computer Application from Institute of Professional Studies, University of Allahabad and secured '2<sup>nd</sup>' Division.

## WORK EXPERIENCE:

- **Worked as Assistant Teacher**, from 2019 to 2022 at **Jharkhand Government**.
- **Worked as Assistant Professor (Ad-hoc)**, from 2017 to 2019 at **G.G.V Bilaspur C.G.**
- **Worked as Assistant Professor (Ad-hoc)**, Year 2017 at Indira Gandhi Institute of Physical Education and Sports Sciences New Delhi (IGIPES Delhi) affiliated to DU NEW DELHI.
- **Games Coach**, Kendriya Vidyalaya, Old Cant, Teliyarganj-Prayagraj, based at Allahabad with. since April-2012 to 28 Feb-2013.
- **Games Coach**, Kendriya Vidyalaya, A.F.S. Bamrauli, Prayagraj, in the session 2013-14.

## PROFESSIONAL EXPERIENCE & OTHER ACTIVITY:

- Acted as an official (Athletics) in K. V. Athletics Zonal Meet, K. V. NTPC, Korba (C.G.) in 2017.
- Acted as an official (Volleyball) at Kurud, Dhamtari District (C.G.) in 15<sup>th</sup> Senior Chhattisgarh State Inter District Women and Men Championship in 2015.
- Acted as an official (Kabaddi) in Bilaspur District stadium organizing by Sports and Youth Welfare Department, Chhattisgarh Olympic, in 2010.
- Participated in 27<sup>th</sup> Jr. Boys, 24<sup>th</sup> Jr. Girls & 28<sup>th</sup> Sr. Boys, 24<sup>th</sup> Sr. Girls National Mallakamb Championship – 2010-2011 Taluka Stadium Hangal Dt. Haveri Organised by Karnataka, Karnataka Mallakamb Association and District Administration Haveri, Affiliated with Mallakamb Federation of India, recognize by the India Olympic Association.
- Participated in Chhattisgarh state Mallakamb Competition 2010-11 organised by the Bilaspur District Mallakamb Association held at District Sport Complex, Affiliated with Mallakamb Federation of India, recognize by the India Olympic Association.
- Completed 240 hour Work as a N.S.S volunteer in Guru Ghasidas Vishwavidyalaya, Bilaspur (C.G.) 2009-2011.
- Completed 240 hour Work as a N.S.S volunteer in University of Allahabad in 2003-2005.

## AREAS OF SPECIAL IZATION:

- Physical Education
- Sports Psychology
- Test and Measurement
- Sports Management
- Coaching and Officiating
- Research Methodology in Physical Education
- Physical Fitness & Wellness
- **Athletics, Kabaddi & Kho-Kho** Games etc.

## MEMBERSHIP:

- Member in Editorial Board as an Editor, International Journal of Sports, Health and Physical Education, ISSN No. **P-ISSN:** 2664-7559, **E-ISSN:** 2664-7567, Bi-Monthly (Print & online)  
<https://www.physicaleducationjournal.in/board>
- Member in Editorial Board as an Assistant Editor, International Journal of Physical Education, Sports and Health, ISSN No. **P-ISSN:** 2394-1685, **E-ISSN:** 2394-1693, Bi-Monthly (Print & online)  
<https://www.kheljournal.com/board>
- Member in Editorial Board as an Editor, International Journal of Physiology, Exercise and Physical Education, ISSN No. **P-ISSN:** 2664-7249, **E-ISSN:** 2664-7257, Bi-Monthly (Print & online)  
<https://www.physicaleducationjournals.com/board>

## BOOKS (AS A AUTHOR) PUBLICATIONS:

- “PHYSICAL EDUCATION: A Complete Preparation for Success.” Publisher - KHEL SAHITYA KENDRA (K.S.K.). 7/26-Basement, Ansari Road, Darya Ganj, Delhi-110002, Delhi, India, 2023; ISBN: 9789358778977.
- “SUCCESS MIRROR: A Complete Preparation for Physical Education Professional.” Publisher – Insignia Publication, 7/100, A-Block, Swaroop Vihar Kadipur, Delhi-110084, India, 2023, ISBN: 978-81-963905-2-5.
- “Sharirik Shiksha.” Publisher - KHEL SAHITYA KENDRA (K.S.K.). 7/26-Basement, Ansari Road, Darya Ganj, Delhi-110002, Delhi, India, 2018; ISBN: 9788175249912.
- “Khelo Ke Niyam.” .” Publisher - KHEL SAHITYA KENDRA (K.S.K.). 7/26-Basement, Ansari Road, Darya Ganj, Delhi-110002, Delhi, India, 2018; ISBN: 9788175249936.

## RESEARCH PAPERS PUBLISHED IN JOURNALS:

- “A Comparative Study of Job Satisfaction of Physical Education Teachers between Government and Private Schools.” Publisher - European Academic Research, December 2014; 2(9) Impact Factor: 3.10. Available online at <http://www.euacademic.org/>
- “Effect of eight weeks yogic training on selected physiological variables.” Publisher - International Journal of Physical Education, Sports and Health, February, 2015; 1(3) Impact Factor: 4.69. Available online at <http://www.kheljournal.com/>

- “A Study of Occupational Stress between Government and Private School Physical Education Teachers.” Publisher - Golden Research Thoughts, June, 2015; 4(12) Impact Factor: 3.4052. Available online at <http://aygrt.isrj.org/>
- “Relationship between explosive strength and agility of Football male players.” Publisher - International Journal of Applied Research, August, 2015; 1(10) Impact Factor: 5.2. Available online at <http://www.allresearchjournal.com/>
- “A Comparative Study of Vo2 Max among the Basketball, Football, Volleyball and Hockey Male Players.” Publisher - International Journal of Applied Research, September, 2015; 1(11) Impact Factor: 5.2. Available online at <http://www.allresearchjournal.com/>
- “A study of speed ability among football and hockey male players of Bilaspur Chhattisgarh.” Publisher - International Journal of Applied Research, October, 2015; 1(11) Impact Factor: 5.2. Available online at <http://www.allresearchjournal.com/>
- “Inclination of women’s participation in Olympic Games.” Publisher - International Journal of Physical Education, Sports and Health, April, 2016; 3(3) Impact Factor: 4.69. Available online at <http://www.kheljournal.com/>
- “A comparative study of flexibility between Kabaddi and Kho-Kho male players.” International Journal of Physical Education, Sports and Health, April, 2016; 3(3) Impact Factor: 4.69. Available online at <http://www.kheljournal.com/>
- “Relationship between Selected Anthropometric Measurement and Volleyball Players Performance.” International Journal of Physical Education, Sports and Health, August, 2016; 3(5) Impact Factor: 5.38. Available online at <http://www.kheljournal.com/>
- “Comparison of speed and explosive strength of volleyball and basketball university level male players.” International Journal of Physical Education and Sports, August, 2016; 1(1) Impact Factor: 1.17. Available online at <http://www.phyedusports.in/>
- “A study of sports competitive anxiety, self concept and self confidence between All Inter University female players of team and individual game.”

International Journal of Physical Education and Sports, September, 2016; 1(2) Impact Factor: 1.17. Available online at <http://www.phyedusports.in/>

- “A study of association between superstitious rituals and locus of control among intervarsity male players.” International Journal of Physical Education and Sports, October, 2016; 1(3) Impact Factor: 1.17. Available online at <http://www.phyedusports.in/>
- “An Estimation of Kabaddi Performance on the basis of selected Physical Fitness Component.” Indian Journal of Physical Education, Sports and Applied Sciences, October, 2016; 6(4) Impact Factor: 4.917. Available online at <http://www.sportscientistsviews.in/>
- “Comparative study of self confidence among different team game male players.” International Journal of Physical Education and Sports, February, 2017; 2(2) Impact Factor: 1.17. Available online at <http://www.phyedusports.in/>
- “An assessment of selected health related quality of life between physically active perimenopausal and physically inactive postmenopausal women.” International Journal of Physiology, Nutrition and Physical Education, December, 2018; 3(2):306-310. Impact Factor: 5.48. Available online at [Vol. 3 Issue 2 | International Journal of Physiology, Nutrition and Physical Education \(journalofsports.com\)](http://www.ijournalofsports.com)
- “An assessment of sports competitive anxiety, selfconcept and self-confidence between male and female all India university individual game players.” International Journal of Yogic, Human Movement and Sports Sciences, 2019; 4(1): 862-865. Impact Factor: 5.18. Available online at [Vol. 4 Issue 1 Part P | International Journal of Yogic, Human Movement and Sports Sciences \(theyogicjournal.com\)](http://www.thejogicjournal.com)
- “Relationship between blood pressure and body composition of male and female faculties of Guru Ghasidas University, Bilaspur, Chhattisgarh.” International Journal of Physiology, Health and Physical Education, August, 2021; 3(1): 01-08. Impact Factor: 8. Available online at [Vol. 3, Issue 1, 2021 | International Journal of Physiology, Health and Physical Education \(physiologyjournals.com\)](http://www.physiologyjournals.com)
- “A study of selected obesity indicators between physically active and inactive perimenopausal, International Journal of Yoga, Physiotherapy and

Physical Education, August, 2021; 6(4): 80-83. Impact Factor: 8. Available online at [Vol. 6, Issue 4 \(2021\) | International Journal of Yoga, Physiotherapy and Physical Education \(sportsjournal.in\)](#)

- “Comparative Study of HRQOL of Physically Active & Physically Inactive Perimenopausal Women, RESEARCH REVIEW International Journal of Multidisciplinary, February, 2022; 7(2): 98-106. Impact Factor: 6.37. Available online at [Vol. 7 No. 2 \(2022\):RESEARCH REVIEW International Journal of Multidisciplinary | RESEARCH REVIEW International Journal of Multidisciplinary \(rrjournals.com\)](#)

#### **PAPERS PUBLISHED IN PROCEEDINGS:**

- Published “A Comparative study of Sports Aggression Between Basketball and Volleyball University Level Players, Publisher - Principal Govt. Mini Mata Girls College, Baloda Bazar (C.G), ISSN/ISBN No. 978-93-5212-739-9, February. 2015, Page no. 84-86.
- Published “Aggression and its Influence on Sports Performance, Publisher - Principal Govt. Mini Mata Girls College, Baloda Bazar (C.G), ISSN/ISBN No. 978-93-5212-739-9, February. 2015, Page no. 77-79.
- Published “Impact of Physical Activity in Modern Lifestyle, Publisher – Twenty first Century Publications, Patiala, ISSN/ISBN No. 978-93-85446-45-0, February. 2016, Page no. 01-03.
- Published “Female Sports Participation, Publisher – Twenty first Century Publications, Patiala, ISSN/ISBN No. 978-93-85446-45-0, February. 2016, Page no. 200-202.
- Published “Recent Advancement in Sports Medicine, Publisher – Society for Research of Movement Education, Plot No. 6 Swarnkar Bhawan, ISSN/ISBN No. 978-81-92394-33-6, March. 2016, Page no. 64-69.
- Published “Comparison of Sports Achievement Motivation Between Basketball and Volleyball Players, Publisher – Shreeji Prakashan, Varanasi, ISSN/ISBN No. 978-81-932543-8-7, September. 2016, Page no. 88-91.
- Published “Impact of the Environmental Factors on Exercise and the Sports Performance, Publisher – Shreeji Prakashan, Varanasi, ISSN/ISBN No. 978-81-932543-8-7, September. 2016, Page no. 130-132.

## SEMINAR/ CONFERENCE:

- Attended & Presented Paper on “Athletes at Risk of Overtraining” in the UGC National Seminar on “Recent Researches in Physical Education Sports Naturopathy Yoga Event, Sports Law, Ayurveda and Yoga” held on 2<sup>nd</sup> to 3<sup>rd</sup> November, 2012 organized by C.H.C Athletic Association, BHU Varanasi (U.P).
- Attended & Presented Paper on “Yoga and Its Integration in Modern Society” in the International Seminar on “UGC Global Yoga Week – 2013” held on 17<sup>th</sup> to 23<sup>rd</sup> May, 2013 organized by C.H.C Athletic Association, BHU Varanasi (U.P).
- Attended & Presented Paper on “Craze of Yoga in Modern Society” in the National Seminar on “Yoga For Health, Wealth And Fitness” held on 22<sup>nd</sup> to 23<sup>rd</sup> December, 2014 organized by Rajesh Pilot Govt. P.G. College, Lalsot (Dausa) Rajasthan.
- Attended & Presented Paper on “Relationship of body fat percentage with physical fitness performance among the basketball player” in the National Seminar on “Sports Psychology” held on 08<sup>th</sup> to 9<sup>th</sup> February, 2015 organized by Govt. Bilasa Girls P.G. College, Bilaspur (C.G.).
- Attended & Presented Paper on “Aggression and its influence on sports performance” in the National Seminar on “The Problems of Eating Disorder & Its Effect on Health & Fitness” held on 20<sup>th</sup> to 21<sup>st</sup> February, 2015 organized by Department of Physical Education, Govt. Minimata Girls College, Baloda Bazaar, Bhatapara (C.G.).
- Attended & Presented Paper on “Yoga in modern life” in the National Seminar on “Yoga & Sports” held on 21<sup>st</sup> June, 2015 organized by C.H.C Athletic Association, BHU Varanasi (U.P).
- Attended & Presented Paper on “मानस मे योग विज्ञान” in the National Seminar on “मानस में विज्ञान” विषय पर राष्ट्रीय संगोष्ठी” held on 25<sup>st</sup> to 26<sup>th</sup> September, 2015 organized by Pt. Sunderlal Sharma (Open) University, Chhattisgarh.
- Attended & Presented Paper on “A comparative study of emotional intelligence between team and individual games players” in the National Seminar on “Promoting Physical Activity and Healthy Eating for a



Healthier Nation” held on 21<sup>st</sup> to 22<sup>nd</sup> November, 2015 organized by Department of Physical Education of The Aligarh Muslim University, Aligarh (U.P.).

- Attended & Presented Paper on “Challenges for Women in sports and Physical Activity” in the National Seminar on “Women Empowerment and Sports” held on 07<sup>th</sup> to 08<sup>th</sup> January, 2016 organized by Department of Sports, Govt. Kamla Devi Mahila Mahavidyalaya, Rajnandgaon (C.G).
- Attended & Presented Paper on “Therapeutic Modalities” in the National Seminar on “Women Empowerment and Sports” held on 07<sup>th</sup> to 08<sup>th</sup> January, 2016 organized by Department of Sports, Govt. Kamla Devi Mahila Mahavidyalaya, Rajnandgaon (C.G).
- Participated in the National Conference on “Integral Education” held on 28<sup>th</sup> to 29<sup>th</sup> January, 2016 organized by Internal Quality Assurance Cell & Department of Education of Dr. C. V. Raman University, Kota, Bilaspur (C.G) with Auropath Puducherry.
- Attended & Presented Paper on “Excellence in Teacher Education: Issues and Challenges” in the National Seminar on “Classroom Attendance: An Indicator In The Relevance of Education to Life” held on 30<sup>th</sup> to 31<sup>st</sup> January, 2016 organized by Sadanlal Sanwaladas Khanna Girl’s Degree College, Allahabad (U.P).
- Attended & Presented Paper on “Impact of Physical Activity in Modern Lifestyle.” in the International Conference on “Global Conference on Scientific Culture in Physical Education and Sports (Sponsored by ICSSR)” held on 18<sup>th</sup> to 20<sup>th</sup> February, 2016 organized by Department of Physical Education, Punjabi University Patiala, Punjab (India).
- Attended & Presented Paper on “Women in the Olympic Movement” in the National Seminar on “women empowerment for healthy nation- emerging perspective & issues” held on 29<sup>th</sup> February, 2016 organized by Department of Physical Education, D.A.V.P.G. College, Lucknow (U.P).
- Attended & Presented Paper on “Recent Advancements in Sports Medicine” in the 2<sup>nd</sup> International Conference on “recent Technological Advancement & Entrepreneurship in Sports” held on 12<sup>th</sup> to 13<sup>th</sup> March, 2016 organized by IMS-GYM, Institute of Medical Sciences, Banaras Hindu University, Varanasi (U.P).

- Attended & Presented Paper on “Quality Assurance of Higher Education: Problems & Solutions” in the UGC sponsored National Seminar on “Quality Assurance of Higher Education: Problems & Solutions” held on 17<sup>th</sup> to 18<sup>th</sup> March, 2016 organized by Lok Rashtriya Degree College, Jasrana (Firozabad) (U.P.).
- Attended & Presented Paper on “Effect of Yogasana Training on Selected Physiological Variables” in the International Seminar on “Yoga & Sports” held on 21<sup>st</sup> June, 2016 organized by C.H.C Athletic Association, BHU Varanasi (U.P).
- Attended & Presented Paper on “Importance of Yoga to Improve Sports Performance” in the UGC National Conference on “Yoga & Physical Education” held on 27<sup>th</sup> to 28<sup>th</sup> June, 2016 organized by C.H.C Athletic Association, BHU Varanasi (U.P).
- Attended & Presented Paper on “Insight of Ashtang Yoga” in the National Conference on “Yoga for Holistic Health” held on 29<sup>th</sup> August, 2016 organized by Sports Section, BBA University (A Central University, Lucknow In Association with The Academy of Physical Education, Sports & Yogic Awareness (TAPESYA).
- Attended & Presented Paper on “Comparison of sports achievement motivation between basketball and volleyball players” in the UGC sponsored International Seminar on “various aspect of physical education, yogic and allied sciences” held on 27<sup>th</sup> to 28<sup>th</sup> September, 2016 organized by Department of Physical Education & Yoga, MGKV, Varanasi (U.P.).
- Attended & Presented Paper on “Benefits of Psychological Preparation in Sports Competition” in the 3<sup>rd</sup> International & 5<sup>th</sup> Indian Psychological Science Congress Chandigarh - India held on 28<sup>th</sup> to 30<sup>th</sup> September, 2016 organized by National Association of Psychological Science – India, Hosted by: Deptt. of Psychology, P.G. Govt. College, Sector-46, Chandigarh.
- Attended & Presented Paper on “Social Harmony Through Participation in Sports” in the National Seminar on “Culture, Social and Technological Perspectives of Social Harmony” held on 12<sup>st</sup> to 14<sup>th</sup> November, 2016 organized by Pt. Sunderlal Sharma (open) University, Chhattisgarh.

- Attended & Presented Paper on “The Various Magnitude of Gender Equality Education” in the UGC National Seminar on “Yoga, Physical Education & Sports” held on 17<sup>th</sup> to 18<sup>th</sup> November, 2016 organized by C.H.C Athletic Association, BHU Varanasi (U.P).
- Attended & Presented Paper on “Aggressive Behaviour and Its Impact on Sports Performance” in the National Seminar-cum-Workshop on “Education and Sports: Way to Improve Assertive Behaviour” held on 03<sup>rd</sup> to 05<sup>th</sup> December, 2016 organized by Netaji Subhas College, Abhanur, Raipur (C.G.).
- Participated in the 3<sup>rd</sup> National Conference sponsored by Ministry of Youth Affairs & Sports (Government of India) on “Physical Education & Sports Science : Prescription For Healthy Life Style” held on 16<sup>th</sup> to 17<sup>th</sup> December, 2016 organized by Physical Education Foundation of India at Bharat Scout & Guides (National Head Quarters) ITO, New Delhi.
- Attended & Presented Paper on “A Study of Sports Competitive Anxiety between Male and Female” in the International Conference on “International Conference on Physical Education and Sports Science (ICPESS), Sponsored by Ministry of Youth Affairs & Sports, Govt. of India, and DST Rajasthan. ‘Emerging Trends in Fitness and Sports Science’ held on 5<sup>th</sup> to 7<sup>th</sup> January, 2017 organized by Department of Arts (Physical Education) Manipal University Jaipur (Rajasthan).
- Attended & Presented Paper on “Effect of Physical Education on Ageing” in the International Seminar on “Active Health and Human Performance Through Physical Education and Sports Sciences” held on 13<sup>th</sup> January, 2017 organized by Akal College of Physical Education, Mastuana Sahib, Sangrur in Collaboration with Punjabi University, Patiala.
- Attended & Presented Paper on “Personal Health and Hygiene” in the National Conference on “Opportunities and challenges in physical education yoga and health sciences” held on 10<sup>th</sup> to 11<sup>th</sup> February, 2017 organized by Department of Physical Education, R.S. Govt. Degree College, Shivrajpur, Kanpur Nagar (U.P.).
- Attended & Presented Paper on “Role of Sports in Society Development” in the National Seminar Sponsored by- ICSSR, New Delhi on “Nation, Culture and Identity: Theory and Text in the 21<sup>st</sup> Century” held on 11<sup>th</sup> to

12<sup>th</sup> February, 2017 organized by Deptt. of English, Pt. Sunderlal Sharma (Open) University, Bilaspur, (C.G).

- Attended & Presented Paper on “Common Problems faced by the Women in the field of Sports” in the National Seminar on “Challenges for Quality of Life of Working Women in Contemporary India” held on 23<sup>rd</sup> to 24<sup>th</sup> March, 2017 organized by Department of Social Work, Guru Ghasidas Vishwavidyalaya, Bilaspur (C.G.).
- Attended & Presented Paper on “Bharat Rejuvenation (From Glorious Past to the Modern Era)” in the International Conference, held on 15<sup>th</sup> to 17<sup>th</sup> October, 2017 organized by Guru Ghasidas Vishwavidyalaya, Bilaspur (C.G.) in association with Bhartiya Shikshan Mandal, Nagpur (M.H.).
- Attended & Presented Paper on “Scope of Sports Tourism in Chhattisgarh ” in the National Seminar Conference on “Development of Tourism Industry in India (Issues & Challenges)” Sponsored by- Ministry of Tourism, Government of India, New Delhi, held on 16<sup>th</sup> to 17<sup>th</sup> November, 2017 organized by Deptt. of Management Studies, Guru Ghasidas Vishwavidyalaya, Bilaspur, (C.G).
- Attended & Presented Paper on “**Ayurveda and Yoga as a Means for Curing Mental Disorder**” in the National Seminar Sponsored by- ICSSR, on “शाश्वत भारत” विषय पर राष्ट्रीय संगोष्ठी” held on 18<sup>th</sup> to 20<sup>th</sup> November, 2017 organized by Pt. Sunderlal Sharma (Open) University, Chhattisgarh (सहयोग: .संस्कृति विभाग, छत्तीसगढ़ शासन).
- Attended & Presented Paper on “उच्च शिक्षा में शिक्षको का उत्तरदायित्व एवं गुणवत्ता सुधार” in the National Seminar, held on 18<sup>th</sup> December, 2017 organized by शासकीय बिलासा कन्या स्नातकोत्तर महाविद्यालय बिलासपुर, छत्तीसगढ़.

## **WORKSHOPS/ SHORT TERM COURSE/ INTERACTION PROGRAMME:**

- Participated in Seven days UGC Global Yoga Week – 2013 held on 14<sup>th</sup> to 23<sup>rd</sup> November, 2013 organized by C.H.C Athletic Association, BHU Varanasi (U.P).
- Participated in Twenty one days Interaction Programme held on 29<sup>th</sup> January to 18<sup>th</sup> February, 2015 organized by organized by UGC- ASC, Guru Ghasidas Vishwavidyalaya, Bilaspur (C.G.).
- Participated in Seven days UGC Sponsored National Workshop on Empowering Physical Education through Sports Sciences held on 30<sup>th</sup> to 5<sup>th</sup> March, 2015 organized by Department of Physical Education, Rani Durgavati Vishwavidyalaya, Jabalpur (M.P).
- Participated in Ten days ICSSR Sponsored Workshop on Research Methodology in Social Science held on 14<sup>th</sup> to 23<sup>rd</sup> November, 2015 organized by Department of Geography, Aligarh Muslim University, Aligarh (U.P.).
- Participated in Seven days National Workshop on Basic Research Methodology & Statistical Analysis held on 22<sup>nd</sup> to 28<sup>th</sup> February, 2016 organized by Department of Physical Education, A. K. College, Shikohabad (U.P.) & The Academy of Physical Education, Sports & Yogic Awareness (TAPESYA).
- Participated in One day Workshop on Innovative Paradigms for Teacher Education held on 10<sup>th</sup> April, 2016 organized by Faculty of Education, Vinoba Bhave University, Hazaribag (Jharkhand).
- Participated in Three days Short Term Course-I on Regression Analysis Through SPSS held on 17<sup>th</sup> to 19<sup>th</sup> February, 2017 organized by Deptt. of Education, GGV, Bilaspur (C.G.).
- Participated in Three days Short Term Course-II on Qualitative Data Analysis in Social Science Research held on 23<sup>rd</sup> to 25<sup>th</sup> February, 2017 organized by Deptt. of Education, GGV, Bilaspur (C.G.).

**PLACE:** IGNTU-RCM, Manipur

**DATE:** 13/12/2023



**(Dr. Ajay Kumar Pandey)**